Dish dash cookery challenge

Aim
Learn about recipe ingredients and cooking and think about how many readymade supermarket meals can be easily prepared at home.

Younger children need to collect the pictured ingredients as quickly as possible whilst older children need to read the recipe information and work out the missing ingredients.

Numbers
Children: 2 at a time, or 4 if working in pairs.

Staff/helpers: 1 per 2 children or 2 pairs of children.

What is needed?

Borrowed materials
Laminated picture cards of dishes & ingredients, laminated recipe cards, pots, pans, foil baking trays, 2 timers, 2 aprons, 2 chef's hats, recipe book (complete with all ingredients), 8 x wooden display stands (for ingredient cards).

Self-sourced
Wipe-board/pen & paper

Toy oven/cooker would be good but not essential

Setting up
Place all recipe cards with aprons, chef’s hats & pots & pans on 1 table, at 1 side of the room. Next to this place 3-4 pairs of tables. On these tables, place the wooden display stands, and place the ingredient cards on them facing outwards – this enables the children to safely walk around the tables, looking for their ingredients. Place the toy oven/cooker on or beside the other single table, where the collected ingredients will be checked.

Start

<table>
<thead>
<tr>
<th>Ingredients</th>
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</table>

Finish

Step-by-step instructions
Younger children/ limited reading ability:
1. Show the recipe cards with the photos – would they like something sweet or savoury?
2. Provide a chef’s hat, apron and pan/dish
3. Flip the card over and let the children name the ingredients that go into the chosen dish
4. Explain that they need to find these ingredients in our ‘kitchen’ and put the ingredient cards into the pan to cook in/on the oven.
5. Start the timer when the children enter the ‘kitchen’, stop the timer when the pan is put in/on the oven.
6. Check that all ingredients are there; if so, ‘cook’ the dish. Flip the recipe card over to show the end result and take the pan off/out of the oven.
7. Record the time on the leader board.

Older children/reading involved:

1. Show the recipe cards (do not – initially - turn over the card) – would they like something sweet or savoury?
2. Provide a chef’s hat, apron and pan/dish
3. Let the participant read the recipe and explain to them that the missing ingredients will have to be found in our kitchen (this event is not timed, but please give hints if it takes too long, e.g. turn over the recipe card in order to show the finished product for example; or give clues, e.g. ‘many people cry when they cut this’).
4. Let them put the ingredient cards into the pan.
5. Check that all ingredients are there; if so, ‘cook’ the dish. Flip the recipe card over to show the end result and take the pan off/out of the oven.

**Clearing up**

All borrowed materials must be returned.

Please fill in the evaluation form provided in the activity box and put on top of the activity when returning it. Your feedback will help us to improve our activities and the library. Thank you

**What to return?**

Please return any materials listed under ‘borrowed materials’. Please use the box/bag in which you received it. Arrange for a delivery date by phoning: 01223 748681

**Risk assessment**

Additional risk assessment might be needed to cover local circumstances and environment. Please contact your (school) representative if in doubt.

<table>
<thead>
<tr>
<th>Number</th>
<th>Risk</th>
<th>Control element</th>
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<tbody>
<tr>
<td>1</td>
<td>Minor bumps, trips</td>
<td>Ensure children walk whilst looking for ingredients and ensure sufficient space around</td>
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</tbody>
</table>
the ingredients table to enable them to do this safely.
Instruct children on safe use of pans.

Photos